Responsibility Chart

One simple way to teach responsibility is to use the concept of a chore chart/responsibility chart to highlight ways to help out. You have already implemented this in your classroom using jobs. However, this unit is a terrific opportunity to extend the concept of responsibility into student's homes as well.

Kindness Concept(s)
Responsibility, Kindness

Project Timeframe
25-30 minutes

Required Materials
❏ Steps to making your bed
❏ Chore chart

This project is simple in design. Each student will take home the attached two pages: the letter to the parent/guardian and the blank chore chart. The family will work together to make a personalized chore chart.

In addition, the parent and child will create a step by step guide for one specific chore that the child is learning (Example: How to Make a Bed, How to Brush My Teeth, etc.).

1) Send the letter and worksheets home in your weekly homework packet (or simply at the beginning of the week).
2) Collect the Chore Charts and How-To guides as they come back in.
3) Review each How-To guide with the class. Have the class vote: How many of us have this same chore? Do you do it the same way? If not, how do you do it?
4) Emphasize the importance of being responsible for our personal space and our actions both at school AND at home.

The Collaborative for Academic, Social, and Emotional Learning (CASEL) has been reviewing evidence-based SEL programs since 2003. Kindness in the Classroom® meets CASEL's SELect Program and is included in the CASEL Guide to Effective Social and Emotional Learning Programs.
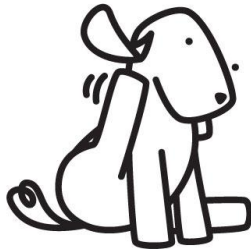
Kindness in the Classroom® met or exceeded all of CASEL's criteria for high-quality SEL programming. Kindness in the Classroom® received CASEL's highest designation for high-quality SEL programming.
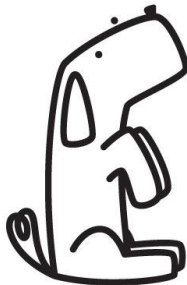
https://casel.org/guide/kindness-in-the-classroom/

RANDOM ACTS OF KINDNESS
FOUNDATION®
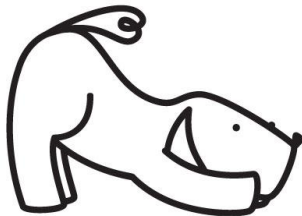
STEPS TO MAKING YOUR BED
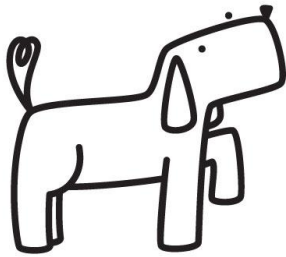
1 SMOOTH OUT SHEET AND TUCK IN.

2 SMOOTH OUT BLANKET EVENLY

3 FLUFF UP PILLOWS AND ARRANGE NEATLY

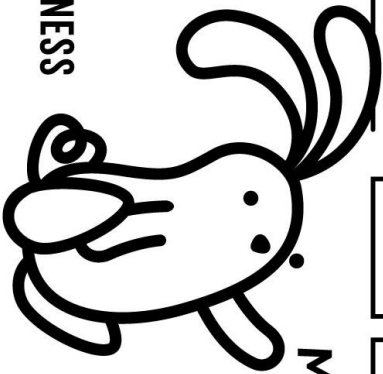**4** DECORATE WITH YOUR STUFFED ANIMALS IF YOU WANT

RANDOM ACTS OF KINDNESS
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MY CHORE CHART

Sunday					
Monday					
Tuesday					
Wednesday					
Thursday					
Friday					
Saturday					

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MY REWARD

Dear Parent/Guardian,

We have been learning about responsibility this past week. It is time to find out how each of us is responsible at home. I have attached two worksheets for you and your child to complete this week.

Chore Chart

What does your child do at home to help out? Add at least 5 items to the chart on the next page. You can use this chart to track their responsible actions at home! Please send in the chart on _____ so we can talk about it as a class. I will send it home this weekend. Here are some common tasks you might include:

- ❏ Make Bed
- ❏ Brush Teeth
- ❏ Put Away School Items
- ❏ Wipe Down Table
- ❏ Use Kind Words

How-To Guide

This is a fun way to show our class HOW your family does one of the above chores. Children at this age are working on following 3 step directions. Using the last page in this packet, help your child to draw pictures and write words to explain how to do the chore. Encourage them to take pride and color each step. We will be sharing these in class and hanging them up for everyone to see.

Your help here is greatly appreciated. We are working hard towards practicing responsibility. By helping your child create their Chore Chart and How-To Guide, you will be showing them responsible actions. This will help them understand the unit even better! Please feel free to call or email if you have any questions.

Sincerely,